

Meddwl yn
Ddoeth
Heneiddio'n
Dda



recognise
respond
refer

Do you come in to contact with older adults who are affected by substance misuse?

Would you be interested in learning how to deliver specialist training in your local area?

Through our **FREE** training, you will learn how to deliver informative courses and support local services on how to **recognise, respond and refer** older adults who are experiencing substance misuse problems.

If you are interested in attending these tailored Train-the-Trainer courses that will enable you to deliver training on substance misuse and older adults, you will need to have basic substance misuse awareness and training skills.

4 in 5



ADULTS OVER 50
at risk from their drinking
HAD NEVER BEEN ASKED
about their drinking by
family, friends or health workers

In Wales, the ageing population (over 50's) is more pronounced than anywhere else in the UK and is forecast to increase to 41 per cent by 2020.

It has also been identified that this age group are more likely to experience substance misuse problems than any other age group, placing greater demands on health and social care services.

Drink Wise, Age Well report that 74 per cent of respondents (over 50's) from their UK wide survey cannot correctly identify the recommended drink limits.

The APoSM report on Substance Misuse in an Ageing Population identified that 87 per cent of people in Wales aged 65 plus report regularly taking prescribed medicines for a year or more.

Learn how to **recognise, respond and refer** and help support those in your community who are affected by substance misuse.

Any questions in relation to training please contact the project coordinator on

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For further details on Think Wise, Age Well please use the following link: **<http://dacw.co.uk/en/think-wise-age-well/>**